" Sauer 1/2 Kraut"

13.1 & 26.2 Miles

Pennypack Park, Philadelphia PA

Saturday, June 4th 2016 7:30 A.M, Limit 999 Runners

"No need to run this race in Lederhosen to enjoy the German food & beer at the post race party"

This year some big city Marathons will cost you more than \$150 to enter. You probably have to fork over another \$200 to get a hotel room that is within 10 miles of the start at best. By setting your alarm clock to 2:00 AM you get a shot at a parking spot somewhat close to the start and you get to "warm up" for another 3 hours until you finally get out of line for the Porta John's.

The ½ Sauer ½ Kraut offers a somewhat different experience. You can park at the Cannstatter Volksfest Verein German Club and hop onto a free bus shuttle. You will be running on a mostly shaded & and traffic free bike trail alongside the Pennypack Creek. You will be supported by 15 aid stations (7 for the half), including the Oktoberfest Aid station. Heidi, the Bavarian waitress will hand out gels, and we will invite you (yes, first beer is on us) to beer and brats at the post race festivities, while "Uber-Hans" will entertain you with his accordion. Find out who else is crazy enough to run a race like this in the summer and re-hydrate properly at the German club afterwards. You will dramatically increase your chances of winning something by dressing in Lederhosen or Dirndl (traditional Bavarian dress). So let's celebrate Oktoberfest early. A portion of your entry fee will be used to support the HCM Foundation, a local charity supporting families affected by cancer.

Package Pickup: Cannstatter Volkfest Verein, 9130 Academy Road, Philadelphia, PA 19114. 6/12/15 4:00PM – 8:00PM (recommended) and 6/13/15 5:30 - 6:45AM

Fee: \$69 (\$65 for half) by 2/29, \$75 (\$69 for half) till 4/30and \$79 (\$75 for half) afterwards.

Online registration only at www.uberendurancesports.com

To register and for more in-depth info on our event, go to www.uberendurancesports.com

YOU GET: Tech. shirt (male and female cuts) with no advertising, finisher medal, a free beer and bratwurst platter, German pastries, live music, awesome traffic-free course in a park setting. 15 (7 for the half) super motivated aid stations, EMT on location, free parking right at the German Club, free bus-shuttle to start/finish, chip timing, post race polka performance.

<u>AWARDS:</u> M & F 1st & 2nd and Top M & F Masters (40 & over) will win an Original Black Forest Cuckoo clock sponsored by: <u>www.german-cuckoos.com</u>

Plus Top 3 (1/2 and full) M & F in 5 year age groups: 15-65, 65+ will be added if there are enough entries. Agegroup awards are imported old fashion German weather houses. It always helps to run this race in Bavarian attire. We always bring extra awards for stuff like "fastest Lederhosen or Dirndl"

DIRECTIONS: For package pickup googlemap: 9130 Academy Road, Philadelphia, PA Cannstatter Volksfest Verein. Start/Finish is at: Pennypack Park, use entry at 3098 Rhawn Street, Philadelphia, PA 19136. !!! Limited parking at Start/Finish!!! Park at/around German club and use the shuttle bus.

Race director: Stephan Weiss, stephanweiss@comcast.net, 717-819-3760 www.uberendurancesports.com Insurance provided by Road Runner Clubs of America (R.R.C.A.)